APPLICANT QUESTIONAIRE

1. Are you on medication?

* If so, what is it and what is it for?   
  [Neuro-suppressant medication tends to be addictive, and it interferes with the integrity of the bio-energetic system. Anti-depressants are the most common form of these medicines. Applicants using this type of medication will be required to sign a declaration of self- responsibility, and maybe advised to seek a different programme].

1. Do you (habitually) use any recreational chemical substances?

[Applicants who regularly use these substances are advised to seek a different programme. ***Occasional users are advised to abstain for a period of at least three weeks prior to the intensive, this includes the use of alcohol***]

1. Do you have at least two years’ experience of transformative personal development. Please give details.
2. Do you have a regular spiritual practice?

* [A regular spiritual practice of some kind is valuable, if not essential, for sustaining transformative growth].

1. Are you familiar with the concept of chakras as energy centres in the body and their relationship with the subtle energy bodies that constitute your existence?
2. Do you recognise that your external reality is somehow a reflection of your inner sense of your existence?
3. Have you had experience of clearing the residual effects of your emotional wounds?

* Are you ready to explore these effects at a deeper level if necessary?

1. Are you in a relationship?

* If so, what is your partner’s attitude to your spiritual nature and the path you’re choosing?
* Children?  
  [Personal relationships always highlight our personal challenges in life. This kind of intensive can shine a light on any conflict].

1. Would you have difficulty if any particular religious beliefs or traditional stories about human origins are challenged?
2. Do you have a background knowledge of any alternative therapy / healing modality?
3. Do you have experience of working with Altazar?

* If so when?

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Altazar works with *Intentional Narrative Protocols* [Protocols]. Experience of this kind of work with him, or with someone who has graduated from his *Mystery School* is advised, although not strictly necessary. A short introduction to the principles involved can be found here: <https://youtu.be/DtQjmi99tvs>

It should be understood that this kind of work can result in deep psychological insight and transformative shifts in lifestyle choices. All applicants shall be aware of this and be prepared to get further support for issues arising.