

The Altazar Method

Partnering with Spiritual Intelligence

Mystery School
Self-Empowerment Training
Phase 1 Prospectus

Foundation

provided by

Altazar Rossiter PhD

in collaboration with



Mystery School Prospectus



The Altazar Method training is aligned with the new energy paradigm of sovereignty and self-empowerment that's arising in human consciousness. This paradigm is already reaching beyond traditional spiritual practices, pushing humanity to evolve new ways of being and interacting with Universal / Spiritual Intelligence in co-creative partnership.

Working with the energies of Spiritual Intelligence, this training programme covers a wide range of practices for self-empowerment and facilitating others. Throughout the programme, you will be guided to trust the flow of your own energy, intuition and discernment. This is intended to enable you to function more effectively, in greater alignment with your essential core energy, and ultimately embrace your own mastery.

Course Outline

The course focuses on empowerment: understanding your true essence and gifts, and expressing those in your life. It is relevant for those who are familiar with clearing their basic issues, and who are ready to go deeper in discovering and walking their own unique path of mastery. This course will give you the tools to stand in your own authenticity. It requires deep inner exploration and full commitment.

This is for you if:

- * You have a deep desire to awaken your own higher potentials, and may feel called to support others to awaken also.
- * You would like to stay centred in all situations, but find yourself pulled off centre by others, by your environment or by your own reactions.
- * You notice areas where you give your power away to others, consciously or unconsciously, in ways that limit your own authentic expression.
- * You are sensitive to your environment – the people and energies around you – in ways that can feel confusing, overwhelming or exhausting.
- * You long to be able to hear and trust your inner guidance with great clarity.
- * You are aware of unconscious imprints, beliefs, programmes and invisible wounds that still influence your behaviour in unwanted ways.
- * You're ready to expand your consciousness and deal with the disempowering programming that runs through the collective, where it impacts you.
- * You have done a lot of inner work in other healing modalities, but still feel that it's hard to achieve your potential or feel fully self-empowered.

During this intensive and experiential course, you will learn to generate your own highly effective practices for working with your own inner process and helping others through theirs. These practices follow the principles of Universal Law. They have been developed over many years and have proved to be effective, leading to profound shifts.

Each experiential workshop partners with Spiritual Intelligence to cover what that group most needs. Therefore areas covered vary according to each group, but will generally include:

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- * The power of love, intent and the spoken word to direct the flow of universal energy.
- * Partnering with Divine Intelligence to dissolve the trauma and tension of invisible wounds, whether individual or collective.
- * Clearing obstructions that limit or prevent the flow of your own energy.
- * The Unified Heart practice for anchoring into the flow of your Divine Brilliance.
- * Developing your ability to 'hold the space' without draining your energy.
- * Using music as a tool for healing and processing.
- * The Unity Consciousness (Metta Bhavana) practice for expanding your energy field to transmit loving-kindness to others, the planet and All-that-is.

Personal empowerment needs to be learned experientially for it to be fully integrated and transformative. When we partner with Spiritual Intelligence, we give intent to heal what has held us back from embodying our higher potentials. This can include clearing:

- * the impact or trauma of this lifetime, going right back to the womb and conception,
- * trans-generational or ancestral patterns,
- * aspects of other existences that affect you in this lifetime,
- * the impact of mass-consciousness, collective and cultural programming,
- * release from limiting vows, conscious and unconscious,
- * removing alien energies and entities,
- * dissolving imprints,
- * dismantling false identities,
- * reconfiguring your own energy field and existential matrix,
- * and supporting others to do all of the above.

This training programme is intensive and challenging. As you progress you may need to take care of your own needs. Support is provided through the workshops, **secret** Facebook group, supervision webinars, your fellow participants and previous graduates. But additional external support should not be ruled out, where you know it's a match for you.

Some feedback from course participants:

I learned how to partner and work together with my Spiritual Intelligence. I learned that it is a partnership indeed and that I have a say in that. ... And already use it. It is amazing what you can do and clear. ~ A.V., The Netherlands

I felt deeply seen, held and loved. The biggest breakthrough for me was in finally learning to hold my centre and connect deeply with myself without my sensitivity being overwhelmed by the world. ~ R.A., UK

*dare to listen, dare to speak, dare to see, dare to be who you are, dare to accept yourself, dare to love, dare to be loved, dare to be love, dare to live, dare to forgive, dare to do what your heart says ... after all the fear their is LOVE!
I TRUST.*

*and that is what I was looking for in this course.
I thank you all for that opportunity.*

~ A.H., Belgium



PROGRAMME

10 DAYS OF WORKSHOP INTENSIVES

The core of the training is provided in these deeply experiential workshops. Participants support each other, engage in individual and group processes to transform their collective consciousness, and learn to awaken, trust and express their own unique partnership with Spiritual Intelligence.

- * Workshop 1 ~ 3 days
- * Workshop 2 ~ 2 days
- * Workshop 3 ~ 2 days
- * Workshop 4 ~ 3 days

PRIVATE (SECRET) FACEBOOK GROUP

This private group for training participants only provides a forum for sharing experiences, insights, progress, breakthroughs or challenges. Being an active part of a committed learning community means that when one person experiences a breakthrough, all are impacted. Previous participants have reported the group interactions to be incredibly supportive and hugely valuable in catalysing their own learning and transformation.

3 GROUP SUPERVISION WEBINARS

Each 2-hour online webinar facilitated by Altazar gives participants an opportunity to check in, ask questions, share progress, insights and breakthroughs and support each other through any challenges that may arise.

- * Webinar 1: between workshops 1 & 2
- * Webinar 2: between workshops 2 & 3
- * Webinar 3: between workshops 3 & 4

2 ENERGY BODY MEDITATION PRACTICES & AUDIO RECORDINGS

- * The Unified Heart is a set of 3 guided meditation practices designed by Altazar to help you ground, centre and strengthen your energy body. Each powerful 21-day practice builds on the one before, helping you anchor into the flow of your Divine Brilliance. Once mastered, practitioners report being able to centre their energy in seconds to hold a clear, empowered space for themselves and others.
 1. *The Heart of the Earth* grounds your energy into a heart connection with the earth (15 minute recording)
 2. *The Heart of the Universe* creates a heart connection with universal energy (15 minute recording)
 3. *The Unified Heart* anchors you into a heart-centred flow of energy between the earth and the universe (13 minute recording).
 4. Written transcripts for all practices are provided along with the recordings.
- * Unity Consciousness (also known as the Metta Bhavana). Due to decades of personal practice, Altazar's recordings of this ancient Buddhist meditation transmit an energetic



awakening. This practice is designed to strengthen your energy field so that you can hold a powerful space of loving-kindness for yourself, others, the planet and All-That-Is.

1. *Unity Consciousness Stage 1* – expand your energy field to hold loving-kindness for your local area (14 minute recording)
2. *Unity Consciousness Stage 2* – builds on stage 1 to hold loving-kindness for the whole planet (21 minute recording)
3. *Unity Consciousness Stage 3* – builds on stage 2 to hold loving-kindness for the universe and All-that-is (26 minute recording)
4. Written transcripts for all practices are provided along with the recordings.

WRITTEN & AUDIO COURSE MATERIALS

- * A comprehensive course manual outlines the basic principles of *The Altazar Method* and provides written versions of the core protocols used for partnering with Spiritual Intelligence. The manual offers penetrating insights into the psychology of traumatisation and common behaviour patterns. In addition, it contains a valuable list of healing and transformative music sources (tested and compiled over decades), and a list of recommended further reading materials.
- * Selected sections of the manual are available as downloadable audio “podcasts” to assist the learning process.
- * Additional handouts are provided to deepen into the principles and practices as the group progresses.
- * It is also recommended that you obtain a copy of Altazar’s book *DEVELOPING SPIRITUAL INTELLIGENCE - The Power of You*, also available in Dutch as *Spirituele Intelligentie*.

PRACTITIONER CERTIFICATE REQUIREMENTS

Towards the end of the course an opportunity is available for participants who wish to use *The Altazar Method* protocols with others and qualify for a practitioner certificate. The requirement for this is that following Workshop 3 and within three months after completing Workshop 4:

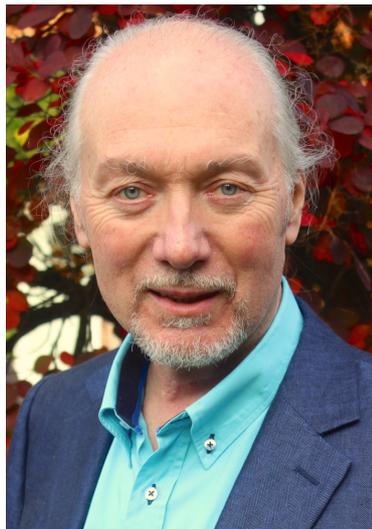
- * Two clients are to be seen with two sessions given to each one.
- * Each client must be advised of training purposes and participate with the understanding that they will provide written feedback in exchange for (free) sessions.
- * A written summary of your personal learning from the sessions will need to be submitted as evidence.

Practice sessions are only necessary if a Practitioner Certificate is required, otherwise a Memorandum of Completion will be provided to course participants.



ABOUT YOUR COURSE LEADER

Altazar Rossiter PhD is a modern mystic with a deeply insightful intuitive ability. He is an holistic mentor, energy facilitator and wisdom teacher. He is a pioneer in co-creative partnering with Spiritual Intelligence for the new energy paradigm of self-empowerment that's arising in human consciousness. This all combines to make him a gifted facilitator.



Altazar's fully grounded presence enables master energies to work through him to effect deep personal transformation. His inclusive organic approach to the human condition integrates traditional spiritual practices with new paradigm multi-dimensional awareness.

Working with Altazar is particularly useful if you're facing major life transitions. He provides a resource that will support you to find peace within yourself, to be self-empowered, self-accepting, and self-responsible.

Altazar has created a range of innovative training courses which he has taught internationally. These include a *Working with Consciousness* Facilitator Training Programme with the Shapers of Education Foundation in the Netherlands as well as *Transforming Cellular Memory*, *Life Path Reading* and *Projection in Coaching* seminars in the UK.

Altazar taught Reiki for a number of years in Ireland and is a registered facilitator of Louise Hay's *You Can Heal Your Life* seminar. His written materials have been used by the Zur Institute in California and on various other courses around the world.

Altazar has a PhD in Semiotics (Psychoanalytic and Linguistic Theory). He is the author of *DEVELOPING SPIRITUAL INTELLIGENCE - The Power of You*, translated into Dutch as *Spirituele Intelligentie*. He also contributed a chapter to the acclaimed *Nine Degrees of Autism*.

With a long commercial background as an engineer in the oil and gas industry, he fully understands the stresses of life in a corporate environment. He has embraced his essential spiritual nature and has personally learned to balance this with living in the modern world.

Altazar is blissfully married to his partner of 20 years. This brilliant relationship continues to grow and inform his work, particularly in the area of relationships.